

Club Discipline At A Glance- Progressive Steps

Your Goal: Help children take responsibility for their choices/actions as part of a community.

Step 1: A child's behavior merits addressing (child broke a rule, made a poor choice, etc.).

- Briefly remind child about the rule(s).
- Ask why this is important- be sure child understands the why.

Step 2: Child breaks another rule/continues to struggle behaviorally.

- Remind child of first conversation.
- Ask child how you can help them remember and have fun/be safe at club.
- Ask child what they think should happen the next time.
 - Outcome should be sitting out for a short, agreed upon period.
- Ask the child who will decide if child has to sit out.
 - Guide child to understand that he/she is in control of his/her actions, and you will just be reminding child about your shared decision.

Step 3: Child's behavior continues or repeats.

- Neutrally & calmly remind child of your agreement and direct child to sit out.
- Before time is up, have a brief conversation with child similar to step 2.
 - Guide child through understanding how our actions impact both ourselves and others, and that rules are important for everyone to be safe and have fun at club.
- Lead child to an agreement- next time you will go together to your Leader for help.

Step 4: Child's behavior continues or repeats.

- Hold child accountable by following through and going to Leader for a new plan.

Remember Not To:

- Lecture- talk with, not at children.
- Continually give "one more chance."
- Break rules you expect children to follow.

Never:

- Berate, threaten, or raise your voice.
- Use physical prompts or force.
- Shame, embarrass, or mock.

Remember To:

- Be firm but friendly.
- Get on the child's level.
- Stay clear and concise.
- Acknowledge that mistakes are OK.
- Provide replacement behaviors.
- Praise positive behaviors.
- Show fairness, consistency, and follow-through.
- End on a positive note- you are helping a child learn and grow!

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